



# Sharron Davies MBE

Olympic Silver Medal Swimmer, Model, TV Personality and Sportswoman



## CSA CELEBRITY SPEAKERS

Sharron Davies MBE occupies a unique position in British life. In an age of increasingly fleeting fame and notoriety, she has been one of the UK's best known and most popular sportswomen since bursting onto the scene as a 13 year old Olympian in 1976.

**"Sharron Davies occupies a unique position in British life**

### In detail

A successful high profile media career has spanned over 25 years and encompassed children's programmes, breakfast TV including a period presenting Channel 4's hugely successful Big Breakfast, guest slots on programmes as varied as The Gadget Show, Hale & Pace and French & Saunders and presenting duties on Superstars and six Olympic Games for the BBC so far (experiencing nine as a competitor and broadcaster). Sharron has also regularly featured on the likes of Question of Sport and They Think It's All Over.

### What she offers you

Sharron has known triumph and adversity in her personal life and in a sporting context and knows what it takes to operate at the highest level, to prioritise, multi-task, overcome obstacles and attain success.

### How she presents

Well used to the pressures of live television, the familiar face of UK sport Sharron is a relaxed and professional presenter with a wealth of anecdotes guaranteed to entertain and inspire audiences from all fields.

### Topics

London 2012  
Peak Performance Preparation and Execution  
Goal Setting  
Teamwork and Support  
Confidence in Performance  
Clear Hurdles  
Aspire To Success

### Languages

She presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what she could bring to your event.

### How to book her?

Simply phone, fax or e-mail us.

### Publications

**1996**

Learn Swimming in a Weekend (translated into 10 languages)

**1995**

Pregnant and Fit

**1984**

Against the Tide