



# Roger Black MBE

Former Olympic Athlete



## CSA CELEBRITY SPEAKERS

For fourteen years Roger Black represented Great Britain at the highest level in the world of athletics, both as an individual 400 metres runner and as a member of the 4x400 metres relay team. Roger is now a television presenter and an accomplished motivational speaker and conference host.

**"One of Britain's greatest international athletes"**

### In detail

Roger won 15 major Championship medals, including European, Commonwealth and World Championship Gold medals, but his greatest achievement was winning the Olympic 400 metres Silver medal in 1996. Roger was awarded the MBE in 1992 for his services to British sport. Apart from his career in athletics he is also an extremely popular figure amongst the media where his talents as a presenter were first established in 1991, when he was asked to work for BBC Sport. Since then, he has appeared on numerous television shows and has presented a number of live sporting events for the BBC.

### What he offers you

Roger provides an insight into the lessons learnt throughout his athletics career, which resulted in him achieving my dream of standing on the Olympic rostrum in Atlanta in 1996. By combining his close understanding of motivation and self-development with his personal experiences both on and off the track he consistently inspires, motivates and entertains audiences.

### How he presents

Thought-provoking and highly entertaining Roger's tailored presentations are filled with anecdotes from his career backed up with video footage from his medal winning performances.

### Languages

He presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

### How to book him?

Simply phone, fax or e-mail us.



[watch video](#)

### Topics

Change Management  
Overcoming Adversity  
Talent is Not Enough  
Need to Achieve v Fear of Failure  
Leadership  
Teamwork  
Ownership/Accountability  
Synergy - Surrounding Yourself with Talent  
Pro-Active vs Re-Active