



# Matt Dawson MBE

Former England Rugby Union Player



## CSA CELEBRITY SPEAKERS

Matt Dawson MBE is best known as a member of the World Cup winning 2003 England Rugby Union squad. He is England's most capped scrum half, captaining the side 9 times. Matt regularly presents on Five Live and has hosted a series of shows discussing a wide range of sports. He is also a team captain on A Question of Sport.

**"Matt Dawson is an institution in the world of rugby."**

### In detail

Regarded as one of the more outspoken players, Matt is a favourite with the BBC's rugby coverage and has had substantial experience in written journalism. In 2006 he took part in the BBC's Celebrity MasterChef and won. Since then, Matt has further pursued his love for food by filming three new food based shows in 2011; Monster Munchies and Matt and Allegra's Big Farm both for UK TV's The Good Food channel and also Tesco's The Real Food Family Cook Off for Channel 5. He has also used his creativity and knowledge by partnering the food brand Tulip to develop a range of fuller flavoured sausages. In December 2012, Matt teamed up with Bordeaux Wines to help produce a series of video clips and booklet that features exclusive food and wine pairings that featured in The Sunday Telegraph and The Sunday Times.

### What he offers you

Matt enjoys presenting the lessons he has learned from rugby and his other own life experiences, especially his competitive interests, and relates them to individual approaches, physical and mental training as well as development of career and personal life. Matt develops relevant presentations in his own style, equally effective at large team building exercises at a sales conference to strategic retreats and change management sessions.

### How he presents

A truly inspiring speaker, Matt tailors his presentations for different team and corporate scenarios, working with clients to achieve the goals and objectives of strategy meetings, seminars and conferences.

### Topics

- Teamwork
- Motivation
- Leadership
- Winning

### Languages

He presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

### How to book him?

Simply phone, fax or e-mail us.

### Publications

#### 2009

Matt Dawson - Fresh, Simple, Tasty

#### 2004

Nine Lives