



## Mark Regan MBE

Former England Rugby Hooker



### CSA CELEBRITY SPEAKERS

Mark Regan MBE started his Test career against the Springboks 13 years ago, was a World Cup winner in 2003 and a finalist in 2007. He played an integral part in the most recent campaign, playing in five matches including the final and won 47 international test caps. Mark writes a regular rugby column that appears in the Bristol Evening Post, and has worked as a co-presenter on Radio 5 live. Mark has also appeared both as a mystery guest and panel guest on the sports programme A Question of Sport.

**"Mark has won everything the sport of Rugby can offer, from the Heineken Cup, to the 6 Nations, to the World Cup"**

#### In detail

Having played an essential part in England's early 2008 RBS 6 Nations campaign, most notably in Paris, he then led the Barbarians to a 22-5 victory over South Africa at Twickenham. He had retired from international rugby in 2004 but made himself available, and was rewarded with a call-up for the tour of South Africa, where he started both tests and secured himself a World Cup place.

#### What he offers you

Mark is a great motivator and using the lessons he learned on the way to achieving his goals he shows audiences how to achieve their own goals and sets them on the path to winning ways both on a professional and personal basis.

#### How he presents

Mark shares his life experiences during his inspirational and motivational talks which are versatile and filled with his special humour, perfect to motivate any audience to achieve their best.

#### Languages

He presents in English.

#### Want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

#### How to book him?

Simply phone or e-mail us.

#### Topics

Motivation  
After Dinner  
Sports