



# Katy Livingston

British Olympic Pentathlon Star



## CSA CELEBRITY SPEAKERS

Katy Livingston competed in her first Olympic Games in Beijing as a modern pentathlete. She was named the British Olympic Association's modern pentathlon Olympic athlete of the year for 2007 at the end of a season that saw her win her first World Cup medal and achieve the Olympic qualifying standard by finishing sixth at the European Championships. She made sure of her place in Beijing by winning her first individual World Championship medal, a bronze, in Budapest in 2008. In 2007 Katy was the athlete profile for ultrafit magazine.

**"A strong contender to extend Great Britain's excellent record"**

### In detail

Katy Livingston began participating in multi-sport events at the age of 12, when she competed in her first summer biathlon. She then took up pistol shooting in order to compete in a local variant of the triathlon. At 14, her father encouraged her to take up fencing and promised that, he would fund horse riding lessons so that she could become a full pentathlete. By 19, she was the national junior champion and she also helped GB to a team gold at the World Junior Champs. She won a sixth place finish at the 2007 European Championships, a silver medal at the World Cup event in 2007 and her first World Cup victory in 2008. She has a degree in Coach Education and Sports Development from the University of Bath.

### What she offers you

Coming from a family whose success include her father being one of the few people to have beaten Sebastian Coe over 800m, Katy strives to achieve success through strength and dedication to her sport, and a healthy balance between performance and personal enjoyment. She offers a glimpse into the necessary wholehearted commitment to her training required to attain the success. Katy's long term goal is to compete at the London Olympics in 2012 .... and to win gold!

### How she presents

A Great British prospect for the London Olympics in 2012 in the Modern Pentathlon, Katy talks vividly about the life of an elite athlete, showing how sport and the Olympics unite all fields and explaining her part of Team GB's successes.

### Languages

She presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what she could bring to your event.

### How to book her?

Simply phone, fax or e-mail us.

## Topics

The Olympic Dream

London 2012

Being Part of it all in Beijing