



# Duncan Goodhew MBE

Former Olympic Swimming Champion



## CSA CELEBRITY SPEAKERS

Duncan Goodhew is one of the world's instantly recognizable athletes. As one of the world's most respected swimmers, Duncan won bronze medal for the 4 x 10m Medley Relay in the Moscow Olympics. His impressive athleticism and his combined TV appearances make Duncan a household name and his absolute determination made him a national hero.

**"One of the world's most respected athletes"**

### In detail

The twin misfortunes of losing his hair when he was 10 years and being dyslexic spurred Duncan on to becoming Olympic Champion. His sporting career continued after his retirement from swimming when he represented Great Britain in the 2-man and 4-man bobsleigh teams at the European Championships. Duncan's success with the BT Swimathon is well known. From its inception in 1988, Swimathon has raised over £10 million for worthwhile causes and is one of BT's most successful sponsorship campaigns. Since 1993, Duncan has been working with children to help develop youth programmes to create healthy lifestyles.

### What he offers you

One of the most respected and instantly recognisable athletes, Duncan addresses issues that can be applied to a variety of situations including the work place and focuses on making sure you set your own criteria for achievement, rather than simply trying to meeting the expectations of other people - it redefines the nature of success, and how to achieve it.

### How he presents

Duncan's considerable sporting and business experience, combined with his pleasing manner, informed approach and articulate delivery, make him a natural choice for personal appearances, motivational and after dinner speaking, corporate days and promotions.

### Topics

Self Development  
Life and Times for After Dinner Speeches  
How to Get Yourself Motivated and Stay Motivated  
Success

### Languages

He presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

### How to book him?

Simply phone, fax or e-mail us.

### Publications

#### 2002

Sink or Swim  
Fix Your Life - Now !

#### 2001

The Self-help Book for Men Who Never Read Them

#### 1988

Swimming in Action