



# Ben Fogle

Television Presenter, Adventurer & Writer



## CSA CELEBRITY SPEAKERS

Ben Fogle has rowed the Atlantic Ocean, crossed Antarctica on foot, run across the Sahara and crossed the Empty Quarter on camel. Ben is currently filming his 5th series of New Lives in the Wild/Where the Wildmen Are and Migration for Channel 5. He is also an ambassador for WWF, Medecins Sans Frontier and the Princes Trust.

**"A well known media personality and great motivator"**

### In detail

Ben writes for various journals and newspapers including the Daily Telegraph, Daily Mail, and has a weekly column in the Sunday Telegraph on rural affairs and a monthly environmental column for Sky Magazine and is a regular travel writer for the Independent. His TV appearances include So Graham Norton, Celebrity Ready Steady Cook, The Big Read - Battle of the Books, Restoration, The Kumars at No 42 and Rise. He is a fellow of the Royal Geographical Society and patron of The Royal Parks Foundation. He has presented numerous hit programmes on the BBC, ITV and Channel 5 including New Lives in the Wild, Extreme Dreams and Countrywise amongst others.

### What he offers you

Ben has vast media experience and his life has been action-packed on assignments that have taken him around the world. In his presentations he speaks about his personal experience and shows how to live differently.

### How he presents

Ben's presentations are entertaining and inspiring and he is equally at home hosting or giving a motivational speech, adding prestige to any event.

### Languages

He presents in English and is fluent in Spanish.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

### How to book him?

Simply phone or e-mail us.

### Publications

#### 2012

The Accidental Adventurer

#### 2007

Offshore: In Search of an Island of My Own

#### 2006

The Crossing: Conquering the Atlantic in the World's Toughest Rowing Race (with James Cracknell)

#### 2004

The Teatime Islands: Adventures in Britain's Faraway Outposts (short listed for the WH Smith's people's award for Best Travel book)

### Topics

- Presenter
- Host
- Entertainment
- Awards
- Overcoming Adversity and Challenges
- The Environment
- Motivation