



# Geoff Holt MBE

Inspirational Yachtsman, Speaker & Author



## CSA CELEBRITY SPEAKERS

Geoff Holt is an inspirational yachtsman. He entered the history books on 5 September 2007 when he sailed 1,445 miles, solo, around Great Britain in a fragile 15-foot dinghy. This was hailed a groundbreaking, courageous achievement. Paralysed from the chest down after a swimming accident, Geoff lives by the mantra of 'no excuses' and continues to challenge what seems impossible. Another world-record was to follow. In 2010, Geoff became the first quadriplegic to sail across the Atlantic.

**"What Geoff achieved was quite extraordinary and took an awful amount of courage" Her Royal Highness, Princess Anne**

### In detail

Recognition of Geoff's achievements came swiftly. He was voted BBC South Sports Personality of the Year (2007); short-listed for the prestigious Yachtsman of the Year (2008); received a British Airways Great Briton Award and the RYA Francis Elkin Award (2009). In June 2010, Geoff was awarded an MBE for services to disabled sailing. Geoff represented the UK on the International Disabled Sailing Committee and was Chairman of the RYA's Paralympics Steering Committee.

### What he offers you

His positive outlook comes over strongly in every speaking engagement when he shares his Personal Everest story, with powerful messages about overcoming adversity and staying positive in tough times. His marketing background ensures his business messages are rooted in his experiences both on and off the water - a powerful combination.

### How he presents

Geoff's story is highly motivational and told with humour, thoughtful insight and great photographs and film footage. Audiences are left buzzing with people sharing their responses and feelings to what Geoff has to say.

### Languages

He presents in English.

### want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

### How to book him?

Simply phone, fax or e-mail us.

### Publications

**2008**

Walking on Water (autobiography)

### Topics

Courage in Tough Times  
No Excuses  
The Right Attitude Makes Achievement Possible  
Overcoming Adversity and Facing a Challenge  
Working Alone in a Hostile Environment  
Appreciating the Importance of your Team  
Embracing Diversity